

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	6.5 (4.7-9.0)	1,168	5.8 (2.6-12.4)	147			●
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	13.9 (12.0-16.0)	1,165	18.8 (12.2-27.7)	148			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.6 (2.7-7.7)	440	13.1 (5.2-29.1)	42			●
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	26.2 (19.9-33.6)	449	36.9 (23.0-53.3)	43			●
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.7 (1.9-3.8)	1,169	4.1 (1.7-9.4)	147			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	2.2 (1.4-3.5)	1,165	5.4 (2.5-11.1)	147			●
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	7.0 (5.2-9.3)	1,169	10.0 (4.3-21.3)	148			●
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	5.2 (4.0-6.7)	1,169	7.7 (4.2-13.7)	148			●
QN18: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	9.1 (7.2-11.5)	1,166	10.6 (6.0-18.0)	147			●
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	4.4 (3.4-5.8)	1,166	17.1 (10.1-27.4)	148		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	8.8 (6.5-11.8)	653	22.6 (13.5-35.4)	82		●	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.1 (3.7-7.0)	647	14.5 (6.8-28.3)	82			●
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	12.3 (10.1-15.0)	1,158	24.3 (16.5-34.3)	147		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	9.1 (7.1-11.7)	1,168	22.0 (14.5-31.9)	148		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	31.0 (27.6-34.6)	1,167	62.8 (52.4-72.1)	148		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	14.1 (11.8-16.6)	1,168	38.9 (31.3-47.1)	146		●	
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	6.5 (4.9-8.7)	1,039	17.2 (11.1-25.8)	136		●	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.5 (1.0-2.3)	1,039	3.9 (1.7-8.7)	136			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.6 (1.8-3.8)	1,140	9.1 (4.8-16.6)	144		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.2 (0.0-0.8)	1,140	3.8 (1.5-9.2)	144		●	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.2 (0.0-0.8)	1,140	3.2 (1.1-8.6)	144			●
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	29	-	12			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	40.5 (36.2-44.9)	1,154	54.9 (45.5-64.1)	146		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	15.9 (13.1-19.3)	1,010	22.9 (15.0-33.3)	125			●
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	4.4 (2.9-6.7)	1,010	9.7 (4.1-21.1)	125			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.7 (1.6-4.5)	1,010	4.9 (1.5-15.0)	125			●
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	8.0 (5.1-12.4)	150	-	26			

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	16.6 (13.6-20.2)	1,002	24.7 (16.8-34.8)	127			●
QN39: Percentage of students who did not try to quit using all tobacco products (including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	45.3 (38.7-52.1)	231	40.8 (27.0-56.2)	41			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	12.4 (10.2-15.0)	1,144	24.6 (17.5-33.4)	146		●	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	20.9 (17.5-24.7)	1,119	35.9 (25.0-48.4)	140		●	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	8.3 (5.6-12.0)	1,113	12.2 (6.0-23.4)	131			●
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	1.8 (1.1-2.9)	1,084	5.3 (1.6-15.7)	131			●
QN45: Percentage of students who ever used marijuana (one or more times during their life)	35.9 (31.1-41.0)	1,132	50.1 (39.9-60.3)	139		●	

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN46: Percentage of students who tried marijuana for the first time before age 13 years	5.8 (4.4-7.7)	1,149	7.5 (3.9-14.0)	140			●
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	20.3 (17.0-24.0)	1,157	36.3 (26.0-47.9)	142		●	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	5.4 (4.1-7.0)	1,150	10.9 (6.2-18.4)	145			●
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	12.3 (10.1-14.9)	1,159	21.6 (15.0-30.1)	147		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	3.5 (2.3-5.3)	1,162	5.7 (2.6-12.1)	147			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

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	% 95% CI*	N	% 95% CI	N			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	3.5 (2.5-5.1)	1,154	12.3 (7.5-19.3)	147		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.2 (0.7-2.1)	1,161	1.2 (0.3-4.9)	147			●
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.3 (0.8-2.1)	1,158	3.6 (1.4-9.0)	147			●
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	2.8 (1.9-4.1)	1,148	3.0 (0.9-10.2)	146			●
QN55: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	1.7 (0.9-3.2)	1,167	5.5 (2.4-12.4)	148			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	0.8 (0.4-1.5)	1,162	3.1 (1.0-8.6)	147			●
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	25.7 (23.0-28.6)	1,157	29.5 (21.8-38.4)	144			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	30.1 (25.3-35.2)	1,082	33.3 (22.8-45.7)	132			●
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	1.6 (0.9-2.7)	1,084	5.2 (2.1-12.6)	132			●
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	4.3 (3.2-5.7)	1,083	13.1 (6.9-23.6)	132		●	
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	20.2 (16.7-24.2)	1,083	21.4 (12.9-33.5)	132			●
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	18.6 (13.6-24.9)	207	-	24			

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	46.8 (38.7-55.1)	203	-	24			
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	77.2 (68.1-84.4)	203	-	24			
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	93.5 (90.0-95.9)	203	-	24			
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	67.7 (58.6-75.7)	203	-	24			
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	93.0 (88.2-96.0)	200	-	24			

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<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	14.1 (9.5-20.3)	203	-	24			
QN85: Percentage of students who were not tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	93.0 (91.1-94.5)	1,151	90.7 (81.7-95.5)	146			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	9.6 (7.7-11.8)	1,108	15.7 (10.0-23.6)	132			●
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	14.7 (12.8-16.9)	1,108	21.4 (15.2-29.3)	132			●
QN67: Percentage of students who described themselves as slightly or very overweight	28.5 (25.1-32.3)	1,158	48.6 (40.8-56.5)	147		●	
QN68: Percentage of students who were not trying to lose weight	53.8 (50.3-57.1)	1,160	41.8 (33.9-50.3)	148	●		
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	34.4 (31.5-37.5)	1,161	36.0 (27.0-46.1)	147			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	10.0 (8.5-11.8)	1,162	11.6 (6.4-20.3)	148			●
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	6.0 (4.7-7.8)	1,160	7.9 (3.8-15.7)	147			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	37.5 (34.7-40.4)	1,163	47.8 (40.9-54.8)	148		●	
QN72: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	41.4 (37.9-45.0)	1,164	52.2 (44.9-59.3)	148		●	
QN73: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	48.8 (45.0-52.6)	1,161	51.3 (43.4-59.2)	148			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	14.0 (12.3-15.9)	1,164	15.7 (9.9-24.1)	148			●
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	5.6 (4.4-7.1)	1,158	5.0 (2.4-10.2)	148			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	9.1 (7.9-10.5)	1,162	13.9 (8.6-21.8)	148			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	5.4 (4.4-6.7)	1,162	7.6 (4.2-13.2)	148			●
QN76: Percentage of students who did not drink milk (during the 7 days before the survey)	29.7 (26.4-33.3)	1,158	39.0 (28.5-50.5)	147			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	13.2 (10.9-15.9)	1,162	18.8 (12.0-28.4)	148			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	63.4 (59.0-67.5)	1,162	80.9 (72.5-87.1)	148		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.7 (47.2-56.1)	1,157	65.6 (56.9-73.4)	148		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	13.5 (11.1-16.4)	1,157	18.3 (11.7-27.5)	148			●
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.6 (74.1-79.0)	1,157	83.5 (75.8-89.0)	148		●	
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	17.1 (14.3-20.3)	1,139	20.0 (14.0-27.7)	146			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	43.7 (40.3-47.1)	1,157	56.3 (46.7-65.4)	148		●	
QN81: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	45.7 (34.9-56.9)	1,140	49.4 (36.9-62.0)	148			●
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	65.2 (56.7-72.8)	1,140	68.6 (57.0-78.2)	148			●
QN82: Percentage of students who did not play on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)	44.7 (40.3-49.2)	1,137	58.1 (50.0-65.8)	146		●	
QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	13.1 (10.7-15.9)	1,159	10.4 (6.1-17.0)	148			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego High School Survey  
 Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	74.9 (70.6-78.7)	1,152	79.0 (71.0-85.2)	147			●

\*Confidence interval.  
<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

Other  Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	91.2 (89.2-92.8)	1,154	86.5 (77.5-92.3)	148			●
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	24.3 (21.3-27.5)	1,149	28.5 (21.6-36.7)	147			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.9 (1.1-3.1)	1,149	1.7 (0.5-5.3)	147			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	20.4 (18.3-22.6)	1,146	25.9 (19.0-34.4)	146			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	23.5 (19.2-28.3)	1,139	35.9 (26.7-46.3)	145		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who are transgender	0.4 (0.2-1.0)	1,167	6.2 (3.0-12.6)	148		●	
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	17.6 (14.0-21.9)	674	39.7 (28.8-51.8)	87		●	
QN93: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	2.1 (1.3-3.3)	1,164	4.6 (1.6-12.2)	147			●
QN94: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)	10.8 (9.0-12.9)	1,169	31.4 (23.2-41.1)	147		●	
QN95: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)	10.4 (8.5-12.8)	1,163	13.9 (9.4-20.1)	145			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN96: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)	11.7 (9.3-14.6)	1,167	25.6 (17.0-36.8)	147		●	
QN97: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)	2.6 (1.8-3.9)	1,168	3.9 (1.5-9.4)	148			●
QN98: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	16.4 (13.8-19.4)	1,162	42.9 (34.4-51.8)	147		●	
QN99: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)	7.1 (5.1-9.8)	339	21.1 (10.1-39.0)	51			●
QN100: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)	1.9 (1.1-3.0)	1,153	3.0 (1.0-8.2)	146			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN101: Percentage of students who have ever participated in oral sex	31.6 (27.6-35.9)	1,160	46.2 (36.5-56.1)	147		●	
QN102: Percentage of students who have not been taught or are not sure if they have been taught about AIDS or HIV infection in school	14.8 (12.7-17.0)	1,156	14.2 (9.4-20.9)	148			●
QN103: Percentage of students who have not been taught in school or are not sure if they have been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)	12.6 (10.7-14.8)	1,152	16.9 (10.9-25.2)	148			●
QN104: Percentage of students who have not ever been taught or are not sure if they have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)	19.1 (16.4-22.0)	1,156	23.6 (17.0-31.7)	148			●
QN105: Percentage of students who did not have a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)	80.0 (75.2-84.1)	246	68.2 (49.7-82.2)	32			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN106: Percentage of students who did not have a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)	77.2 (71.5-82.1)	286	59.9 (43.4-74.4)	37	●		
QN107: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students	22.7 (20.2-25.4)	1,148	33.1 (24.8-42.5)	146		●	
QN108: Percentage of students who strongly disagree, disagree, or are not sure that they feel close to people at their school	28.9 (25.9-32.1)	1,153	39.6 (29.4-50.7)	147			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.